

Title: Trails and Ways

Peak Point Ponders

Section Scouts Place Outdoors – forest, canal, river, beach, park or other suitable venue Duration 5 - 6 hours (excluding planning and review) Participants: Scouts	
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Spices – Learning Objectives

Intellectual – Demonstrate an ability to analyse information and match it to my needs and wants, in order to achieve a goal; and accept that there may be more than one solution to any problem. Recognise that I may need resources other than my own to complete tasks.

Spiritual – By my choices show my commitment to the preservation of nature and the environment in which I exist.

Spiritual – Demonstrate that I live by my spiritual beliefs.

Overview

This activity is about challenging Scouts to examine their values and beliefs and how they perceive, treat and respect others, while demonstrating an appreciation of how each Scout can contribute to the preservation of nature in their own way.

It is also about recognising their limits and that they sometimes need to seek advice and/or assistance from others in achieving their goals and sharing experiences and problems.

Activity Objectives

- Be able to recognise your limitations and that of others and know when it is appropriate to seek assistance or share your concerns and with whom.
- Have respect for other abilities and skills
- Show an appreciation and understanding of respecting nature during the activity.

Materials

- Maps, compasses or other materials that are relevant to the agreed activity.
- Appropriate clothing and food
- An agreed point during the activity for self-reflection and sharing of thoughts.

Description:

- As a Troop or in Patrols select a hike or other outdoor activity that challenges each member in their

own way. This could be a personal challenge or one that is agreed by the Troop. /Patrol.

- Once the activity has been agreed, each patrol should begin planning. If it is to be a Troop activity each Patrol could focus on a particular aspect (i.e. a patrol could be responsible for a difference aspect such as the menu, mapping the hike route, drawing up a route card, determining suitable clothing or figuring out how best to ensure everyone completes the task.
- Each Scout should focus on a particular goal or need they would like to achieve during the activity and share this with the patrol.
- Point out that this will require the Scouts to share some personal information regarding their abilities and in some cases their insecurities while being respectful of the abilities of the other Scouts in their patrol.
- Ask each Patrol to be aware of the environment they are in so they can reflect on this later. They should also examine what impact their visit had on the area, thus demonstrating their respect for the environment.
- The personal reflection should be undertaken at the agreed spot on the hike, the top of the mountain, picnic area along the route; questions could include;
 - how did I respect myself and other?
 - did I respect nature and in what way?
 - what measures did I/we take to respect the environment?
 - did I challenge myself?
 - what did I learn about myself during or planning the activity?
 - did I seek advice, ensure to give enough time for Scouts to reflect on these questions.

Tweaks/Suggestions

- Encourage Scouts to undertake an activity that is not familiar to them and will challenge them.
- Ensure that they understand that this is not just about them but also respect for others and nature.

Review

A normal review of the activity should be completed at a suitable time afterwards. Some questions for the review might include

- Did you feel comfortable sharing your goals and discussing something you didn't know how to do?
- Did this activity highlight to you a need for asking for help in dealing with particular situations?
- Did you identify people you would feel comfortable talking to about it?
- Revisit some of the questions from the reflection and ask if anyone is willing to share theirs.

This could be done through a moving debate or other suitable activity.

Notes

Be aware of the possible emotions and issues that could be raised during the planning and review of this activity.