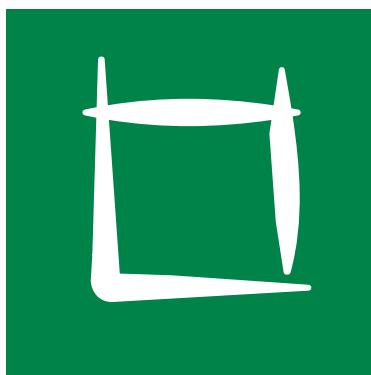




Social

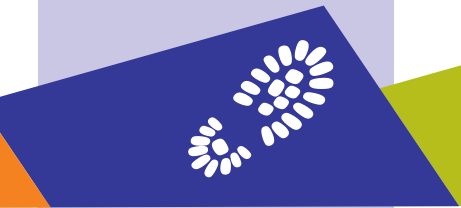
Having a sense of belonging in a group, through friendship and interaction. Developing an understanding of social issues in my communities, and recognising my responsibility to appreciate cultural diversities. Having fun.

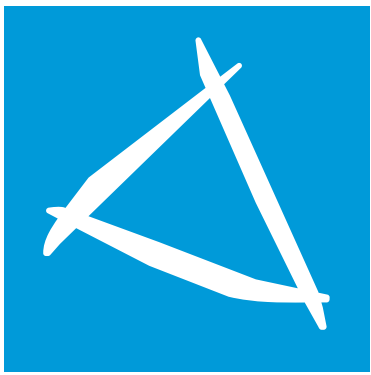
Pre-Adolescence	Early Adolescence	Adolescence	Post Adolescence	
Interaction with People				
Be a friend. Understand that everyone is different. Be welcoming and include others in the things I do	Show what it is to be a friend and recognise the value of friendship. Recognise my unique abilities and the abilities of those around me	Understand & accept the changing nature of my relationships. Recognise that my life will be enriched as a result	Show that I value the people and relationships in my daily life. Develop the skills and attitudes needed to build and maintain meaningful and appropriate relationships and friendships	
Explore how people communicate	Explore the importance of communication and listening. Be comfortable in expressing myself with my friends	Learn ways in which I can improve my communication skills	Demonstrate that I use my communication skills effectively	
Cultural Appreciation				
Demonstrate my understanding of my own culture. Explore the traditions and cultures in my own and other societies	Be committed to the inclusion of various cultures in my society. Explore how cultural diversity affects the world I live in	Appreciate the importance of difference in cultures and traditions; treat all people with dignity and respect	Respect the social integration of other cultures	
Community & Society				
Understand that it is important that I am considerate and help others	Be involved in my community and help those around me when needed	Develop and demonstrate a sense of civic responsibility. Define and explore my opinions on social equality and inclusion	Recognise my roles within, and make a positive contribution to society	
Understand and demonstrate how I use the Promise in my everyday life	Understand and demonstrate how I use the Law and Promise in my everyday life	Understand and demonstrate how I use the Law and Promise in my everyday life	Understand and demonstrate how I use the Law and Promise in my everyday life	
				
BEAVER SCOUTS	CUB SCOUTS	SCOUTS	VENTURER SCOUTS	ROVER SCOUTS



Physical

Understanding my body and my physical capabilities, while developing skills through appropriate physical challenges.

Pre-Adolescence	Early Adolescence	Adolescence	Post Adolescence	
Taking Care of Myself				
Understand what food is good for me	Demonstrate that I know the benefits of good nutrition & abalanced diet	Demonstrate that I play an ongoing & active role in maintaining my own dietary health	Demonstrate that I play an ongoing & active role in maintaining my own dietary health	
Know the importance of cleanliness	Take responsibility for personal hygiene and the impact it has on others	Take responsibility for personal hygiene and the impact it has on others	Take responsibility for personal hygiene and the impact it has on others	
Be active & exercise regularly	Explore & understand the benefits of a healthy and active lifestyle	Protect and maintain my health through my choice of a healthy balanced lifestyle. Be responsible for my physical development	Protect and maintain my health through my choice of a healthy balanced lifestyle. Be responsible for my physical development	
Understanding/Knowledge				
Know my body	Understand how our bodies are continuously changing. Understand the implications of these changes on my life	Be comfortable with how my body functions	Be able to identify when my body is working well and when it isnt and have the good judgment to get help when I need it	
Know how my body works	Identify my unique physical strengths and know my limitations	Demonstrate that I appreciate my own physical capabilities and the abilities of others	Understand that society is richer because of physical difference	
Know what affects my body	Appreciate the benefits of choosing a healthy lifestyle	Appreciate my responsibility to myself with regard to my lifestyle choices, such as choice of diet, use of drugs/ alcohol, sexual relationships	Before I make important lifestyle choices I will inform myself of all the risks/benefits involved. Recognise and understand the impact of my choices on myself and others	
Identify people, places and situations that may threaten my safety and know how to keep safe	Understand the role I have in keeping others safe and the impact of my actions on the safety of others	Know the personal safety support structures that exist and how to avail of them when necessary	Recognise and understand the impact of physical abuse on myself and others	
				
BEAVER SCOUTS	CUB SCOUTS	SCOUTS	VENTURER SCOUTS	ROVER SCOUTS



Intellectual

Having the ability to create ideas, leading to a plan of action and carrying it through to its conclusion using common sense. Being able to plan and analyse and take on board the consequences of my actions. Having the ability to understand how a team works, and my role within it. Having the ability to evaluate a situation and follow instructions as appropriate.

Pre-Adolescence	Early Adolescence	Adolescence	Post Adolescence	
Skills/Attitudes				
Be open to challenging myself	Be able to set myself challenges with realistic goals	Demonstrate an ability to analyse information, and match it to my needs and wants, in order to achieve a goal; and accept that there may be more than one solution to any problem. Recognise that I may need resources other than my own to complete tasks	Demonstrate an ability to assess, identify resources, make an informed choice, form my own opinions and recognise the best possible solution to a given situation	
Find out how learning can be fun	Be open to new ideas and way of learning	Understand that there are different ways of learning and explore them. Accept that people learn in different ways and that there are benefits to this	Be responsible for my own learning. Be able to incorporate the learning styles of others into all aspects of my life	
Be creative Be imaginative Explore Question	Explore my capacity for imagination, ideas and creativity	Develop my creativity, imagination, innovation and reason	Apply my capacity for imagination & ideas, and my ability to be innovative and creative	
Learn to make choices and decisions	Be able to source information and be able to critically evaluate each possibility to help make decisions	Understand the implications of my decisions and learn from the outcomes	Demonstrate an ability to make decisions, execute and review a project and accept responsibility for the outcomes	
Teamwork/Leadership				
Be an active participant in a small group	Show an understanding of the benefits of teamwork, identify my role as a team member & the contribution I can make, including the willingness to lead and accept responsibility	Demonstrate a commitment to working with others within a team. Understand the role, skills & responsibilities of team membership and leadership	Understand how teams work and strive to get the best from all members in a given situation	
				
BEAVER SCOUTS	CUB SCOUTS	SCOUTS	VENTURER SCOUTS	ROVER SCOUTS



Character

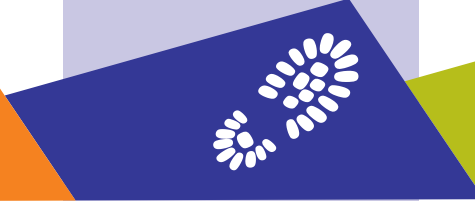
Accepting myself and recognising my own potential for growth and what it is I can become. Developing myself in a manner consistent with a set of values and with mutual respect and understanding for others.

Pre-Adolescence	Early Adolescence	Adolescence	Post Adolescence	
Commitment				
Understand the ideas of right and wrong	Show that I understand the difference between right and wrong	Show that I have principles and that I understand the Promise and Law	Demonstrate that I have the confidence to live by the Promise and Law	
Be kind to others and dont do harm	Show that I understand the value of friendship	Show that I understand that people are more important than things	Demonstrate my awareness and understanding of the true value of all things	
Identify the things that I do well and those that I dont do so well	Know my strengths and use them to strive to address my areas of need	Demonstrate that I can learn from my experiences and accept the outcome of my actions	Demonstrate the ability to believe in myself. Accept my abilities and be content with them while striving to be the best that I can be	
Development & Practice				
Show that I always try to do my best	Practice fair-play	Know how to assess a situation and when it is important to take a stand	Demonstrate my ability to take a stand and be strong in the face of adversity	
Learn about respecting others	Treat others with respect	Treat others with respect	Treat others with respect	
Understand what injustice, inequality and conflict are	Understand how injustice, inequality and conflict may affect people	Explore where injustice, inequality and conflict occurand explore possible resolutions	Be able to identify injustice, inequality or conflict and explore ways of resolving it, and where appropriate play my part in its resolution	
Experience the power of my imagination and dreams	Explore my dreams and aspirations	Explore how I might make my dreams and aspirations a reality	Demonstrate that I have the courage to live out my dreams and aspirations	
Know the Scouting Spirit (mutual trust, loyalty, comradeship, empathy and self-motivation)	Understand the importance of Scouting Spirit	Live the Scouting Spirit	Live the Scouting Spirit	
				
BEAVER SCOUTS	CUB SCOUTS	SCOUTS	VENTURER SCOUTS	ROVER SCOUTS



Emotional

Having the confidence and security to be aware of and express my emotions, and to understand and accept them. Learning how to deal with situations and people I meet everyday while having respect for other people’s emotions and being aware of the impact of my actions.

Pre-Adolescence	Early Adolescence	Adolescence	Post Adolescence	
My Emotions				
Understand what makes me feel the way I do. Be aware that my feelings are normal and can change	Recognise the emotions I am experiencing and some of the steps I can take to get along with them	Be able to understand and accept my emotions and the effect they have on my life	Be able to recognise, interpret and accept my emotions, their changing nature, and the effects they have on all aspects of my life	
Know that its okay to talk to people I trust about how I feel	Know that I can share my feelings and accept help	Accept that sometimes I may need support and can use appropriate support structures	Know how others can support me in understanding my emotions	
Others				
Understand that other people have feelings	Understand that people express their emotions differently	Understand that each individual needs to take responsibility for their own emotions	Be tolerant of the emotional needs of others	
Know that my feelings can affect what I do	Understand that the way I express my emotions affects others	Understand the appropriate way in which to express my emotions	Strive to express my emotions constructively	
Knowledge/Skills				
Be able to understand what things are challenges for me	Be prepared to challenge myself	Be able to assess the challenges I can deal with and how	Demonstrate the confidence and ability to deal with lifes challenges	
Explore what is important to me	Establish a set of personal beliefs and values	Be able to reassess my personal beliefs and values	Stand up for my personal beliefs and values	
Understand that everybody is unique and important	Understand that I am unique and that my uniqueness is part of my development	Show an understanding of my unique value and potential for growth and assert my own individuality	Develop my potential and recognise the possibilities for my future	
				
BEAVER SCOUTS	CUB SCOUTS	SCOUTS	VENTURER SCOUTS	ROVER SCOUTS



Spiritual

Having an understanding and acceptance of myself and my value as a unique human being, and an equal acceptance of the value of others. Having respect for myself and others and the world in which we live. Having a sense of responsibility for my environment and my place in it. Developing a personal awareness of a higher being and an expression and exploration of a faith.

Pre-Adolescence	Early Adolescence	Adolescence	Post Adolescence	
Practice				
Participate in an expression of faith	Develop my relationship with God through my interaction and connection with others	Demonstrate that I live by my spiritual beliefs	Be able to express, uphold and where appropriate re-evaluate my spiritual beliefs/faith upon reflection	
Experience the beauty of nature	Demonstrate an appreciation and care for the environment around us	By my choices show my commitment to the preservation of nature and the environment in which I exist	Understand and demonstrate a respect and appreciation for my environment (natural, human, built), the role I play in it, the contribution I make to it, and the impact my actions have on it	
Exploration				
Be aware of the wonder of God	Reflect on the wonder of God all around me	Explore and develop my spiritual being, and my relationship with God, through my interaction and connection with others, nature, and the environment in which I exist	Explore and develop my spiritual being, and my relationship with God, through my interaction and connection with others, nature, and the environment in which I exist	
See God in the world around me	Recognise that everyone will have their own appreciation of Spirituality and God. Take the opportunity to reflect on Spirituality in nature	Accept the need to create time and space to reflect on my Spirituality	Recognise my spirituality as an essential part of my life	
				
BEAVER SCOUTS	CUB SCOUTS	SCOUTS	VENTURER SCOUTS	ROVER SCOUTS