

Desert Island



Getting Started...

Plan

- In Sixes have a chat about the key elements of survival
- Find out what they would do if they were stranded on a desert Island.
- Get the Six to set a challenge for themselves to see just how good they would be if they were stranded on a desert Island.

Do

- The key thing to start with is to find a water source. Any water that has natural impurities can be easily filtered.
- They need to build a shelter to protect themselves from nature and the weather.
- After that look at lighting a fire and getting food.

Review

- Keep a log using natural materials like a slate and chalk.
- Share the log with the Six when the challenge is finished
- See how the Six got on and what they thought.

Resources:

As little as possible but some survival gear maybe handy.

Top Tips:

 Being stranded on a desert Island will bring up the ideas of doing survival in a local wooded area or any area that is away from where people live.

