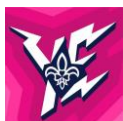


SMART Goals Template	
<p>Specific What is it that you want to accomplish? A goal that is detailed and exact</p>	
<p>Measurable How will you know that you have accomplished your goal? A goal that has the ability to be tracked and you know when the goal has been met</p>	
<p>Achievable Is it in your power to accomplish your goal? A goal that is not completely out of reach</p>	
<p>Realistic or Relevant Can you realistically achieve your goal? A goal that is worthwhile to you and is in your power to achieve it</p>	
<p>Timely or Time Value When exactly to you want to accomplish your goal?</p>	



A goal that can be accomplished in a set period of time	
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