

Title: Trails and Ways

Peak Point Ponders

Section Venture & Rover Scouts,
Place Outdoors – forest, canal, river, beach, mountain or other suitable venue
Duration 5 - 6 hours or overnight (excluding planning and review)
Participants Venture/Rover Scouts



Spices – Learning Objectives

Intellectual – Demonstrate an ability to assess, identify resources, make an informed choice, form my own opinions and recognise the best possible solution to a given situation.

Spiritual – Understand and demonstrate a respect and appreciation for my environment (natural, human and built), the role I play in it, the contribution I make to it and the impact my actions have on it.

Overview

- This activity is about challenging Venture/Rover Scouts to evaluate their decisions and opinions and how they can impact their own lives and that of others.
- To explore all options and identify possible solutions.
- It should focus on how Venture/Rover Scouts can achieve their goals while demonstrating respect for all involved and the world around them.

Activity Objectives

- Understand why is important to have respect for self, others and nature
- Recognise your limitations and the need for making informed decisions
- Be aware of how your actions can impact others and the world around you
- Take time for self-reflection .

Materials

- Maps, compasses, other materials that are relevant to agree activity
- Appropriate clothing and food
- Agreed point during the activity for self-reflection and sharing thoughts.

Description

- As a Crew select a hike or other outdoor activity that challenges each member in their own way. This could be a personal challenge or one that is agreed by the Crew/Unit.
- Once the activity has been agreed, each Crew should begin planning. Individual could take responsibility for aspects of the activity, menu, hike route card, determining suitable clothing or figuring out how best to ensure everyone completes the task.
- Each Venture/Rover Scout should focus on a particular goal or need they would like to achieve during the activity and share this with the peers.
- Point out that this will require the Venture/Rover Scouts to share some personal information regarding their abilities and in some cases their insecurities while being respectful of the abilities of the other in their Crew.
- Ask each Crew to be aware of the environment they are in so they can reflect on this later. They should also examine what impact their visit had on the area, thus demonstrating their respect for the environment.
- The personal reflection should be undertaken at the agreed spot on the hike, the top of the mountain, picnic area along the route ; questions could include; how did I respect myself and other?, did I respect nature and in what way?, what measures did I/we take to respect the environment? did I challenge myself? what did I learn about myself during or planning the activity? did I seek advice, ensure to give enough time for Scouts to reflect on these questions.

Tweaks

- Encourage Scouts to undertake an activity that is not familiar to them and will challenge them.
- Ensure that they understand that this is not just about them but also respect for others and nature.

Review

A normal review of the activity should be completed at a suitable time afterwards. Some questions for the review might include

- Did you feel comfortable sharing your goals and discussing something you didn't know how to do?
- Did this activity highlight to you a need for asking for help in dealing with particular situations?
- Did you identify people you would feel comfortable talking to about it?
- Revisit some of the questions from the reflection and ask if anyone is willing to share theirs.

This could be done through a moving debate or other suitable activity.

Notes

Be aware of the possible emotions and issues that could be raised during the planning and review of this activity.