

Title: Safe Scout – Mission Training Day

Section: Beaver Scouts Place: Indoors/outdoors Duration: Day/overnight or 30 minutes X 4 meetings Participants: Beaver Scouts & Scouters	
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SPICES – Learning Objectives Physical - Be active and exercise regularly Physical - Know my body Physical - Know what affects my body Physical - Identify people, places and situations that may threaten my safety and know how to keep safe

Overview • These activities are structured to help Beaver Scouts engage in a fun way at their own level. • They lead Beavers through knowing and appreciating their body, looking after it to keep it safe. • The last activity raises Beaver Scout's awareness of who they can get help from if needed.
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Activity Objectives • Develop Skills around self-awareness, physical, people and environment • Better understanding of self and others	Materials • Paper (wallpaper/ roll of paper tablecloths) • Colours • Mission 1: images • Mission 2: images • Mission 4: images
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Description

Mission 1: My Body, My Super Tool – Know my body

Brief: “A **Safe Beaver Scout needs to know their super tools – your body parts!**”

- Give each Beaver a large paper body outline (or draw around their own)
- Guide them to label or draw
 - Eyes -to spot danger
 - Ears – to listen carefully
 - Heart – to feel and care
 - Muscles – to climb, carry and help
 - Brain – to make smart choices
- Can decorate with superhero accessories like capes, goggles underpants 😊 etc

Finish by naming their superhero ‘Captain Beaver’ ‘Safety beaver’ etc.

Mission 2: What helps or hurts me? – Know what affects my body

Brief: “**To stay mission-ready, we only pack things that keep our Scout bodies strong!**”

- Give each Beaver Scout a paper ‘Scout Backpack’ (ideally beaver bag)
- Present item cards (images or objects)
 - Healthy: water, apples, sleep, seatbelt, bike helmet
 - Not Healthy: Fizzy drinks, no sleep, no helmet, junk food
- Beavers choose which ones to put in their backpack and explain why.

Discussion on “How do these choices help us stay healthy and safe for our next mission?”

Mission 3: Scout Spy Missions – Identify threats Show images to safety & know how to keep safe

Brief: “**You are now Scout Spies: Lets learn to spot danger and stay safe**”

(Can be done as stations and rotate or together)

- Spy Spot: Show image cards of situations (e.g. touching fire, wearing a helmet). Beaver Scouts say, “Safe or Not Safe” (Thumbs up/down). Could also be played like ‘Land, sea, Shore’
- Danger Detector Game: One Beaver describes a situation, the others say whether it’s safe or what to do.

Pops like sunglasses, magnifying glasses to role-play spies

Mission 4: Who Can help -identify people and places that keep us safe

Brief: “**Safe Scouts always knows who to call for backup!**”

- Give each Beaver Scout helper cards (Family, Teacher, Garda, Scouter, etc)
- Present simple scenarios:
 - You get lost in a shop
 - You fall off your bike
 - Someone asks you to help the find their lost dog
 - You see someone being pushed off a swing
- Beaver Scouts choose the correct helper and explain why.

Bonus Activity: Draw a large map (could be on ground with chalk) of the area show places ‘safe’ like school, homes, garda station and ‘unsafe’ like rivers, main roads.

Tweaks

- All activities can be modified to be done in lodges or all.
- It is possible to change some activity in relay games or choice games like ‘land see shore.
- The four missions could be run as a day activity on a camp or split over several weekly meetings.

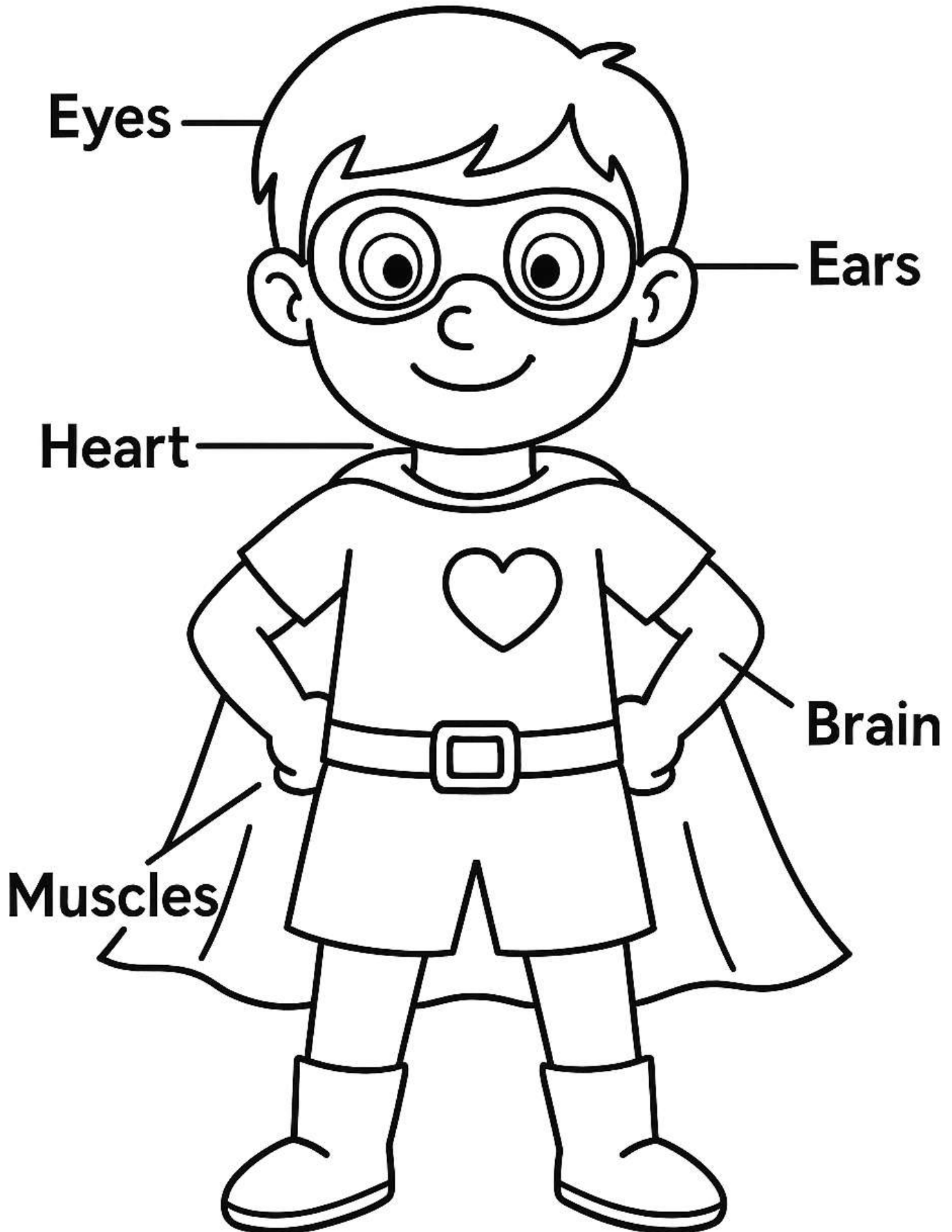
Review

- Some review questions to ask the Beaver Scouts?
- Did you have fun?
- Did you think/find of any new way to stay safe?
- What things will you do to stay safe?

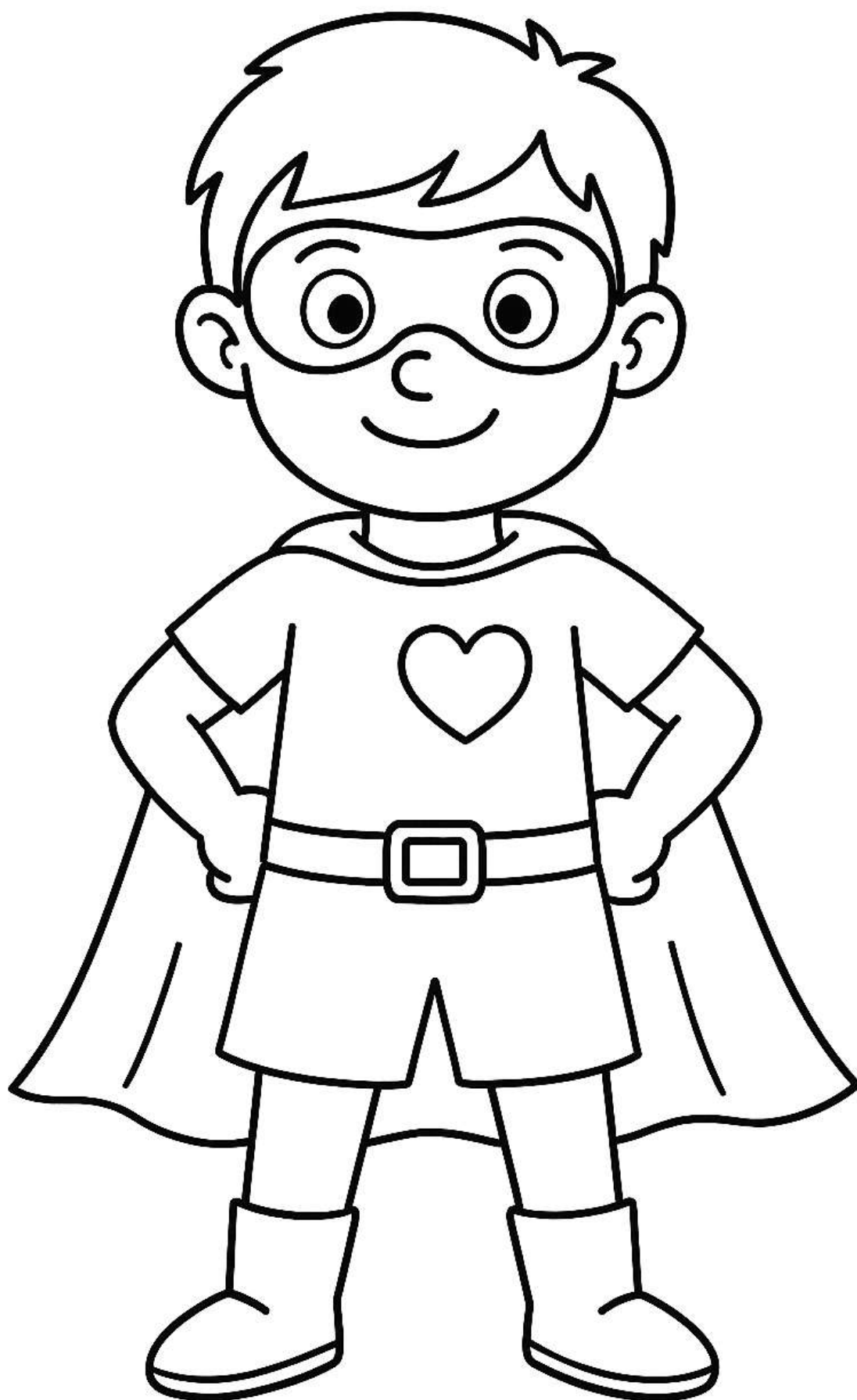
Notes

- The level at which each Beaver Scout can engage with this topic will vary.
- So, working in mixed age and ability will enhance the learning of all.
- This even applies to the Scouters.

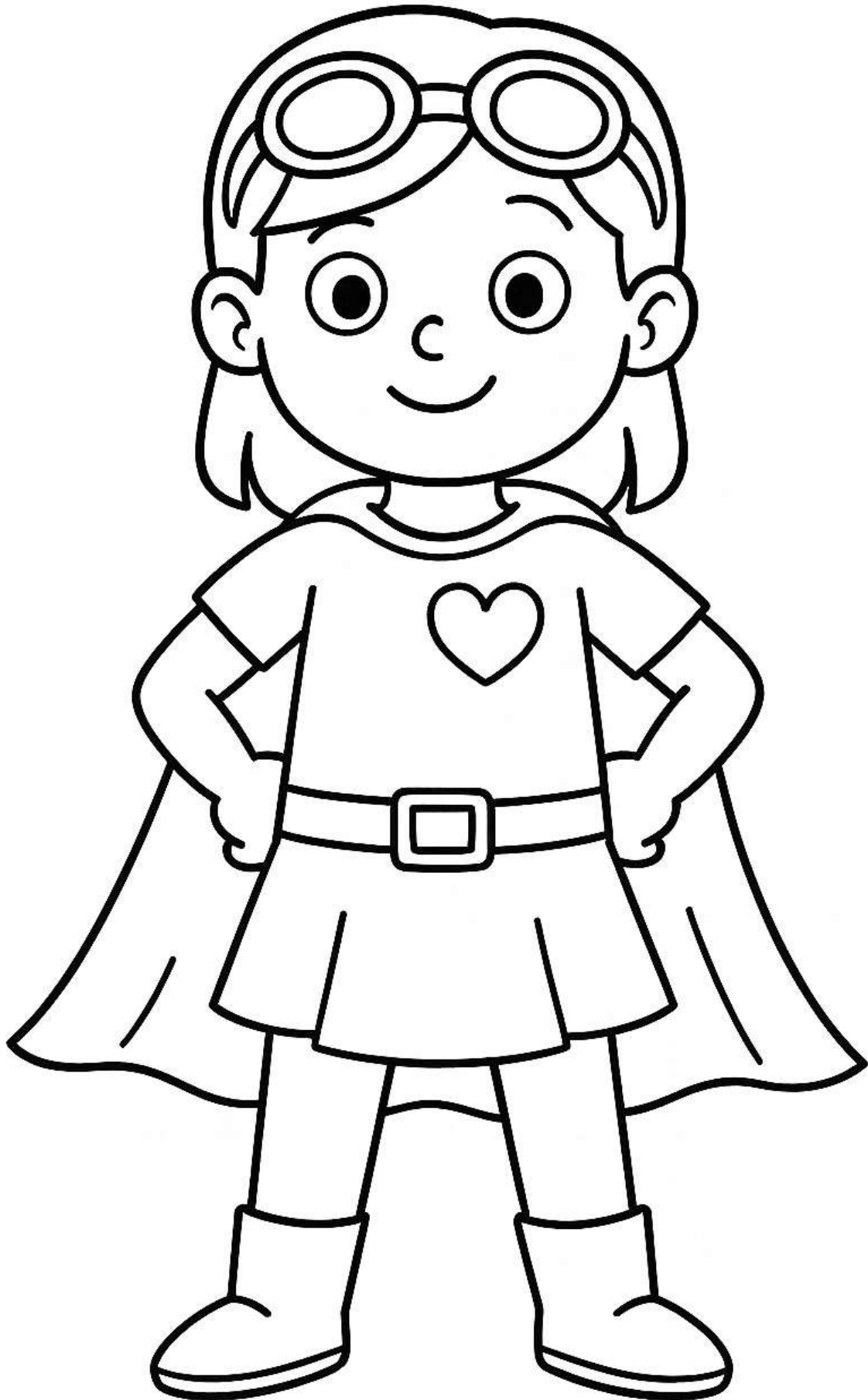
MY BODY, MY SUPER TOOL



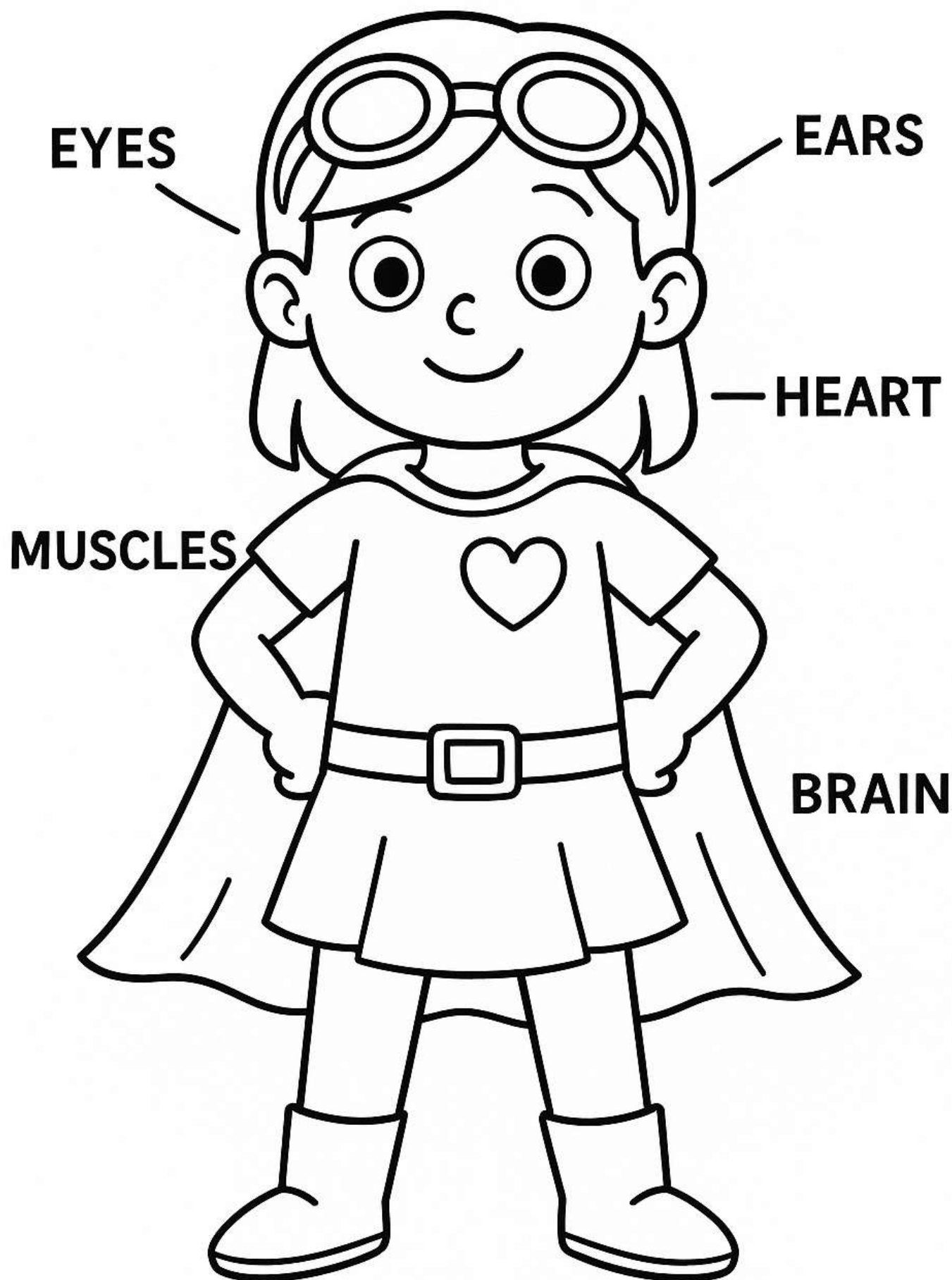
MY BODY, MY SUPER TOOL



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Fizzy Drink



No Sleep



Junk Food



n Life Jacket



Junk Food



Scooter on Road



Seatbelt



Bike Helmet



Reading a book



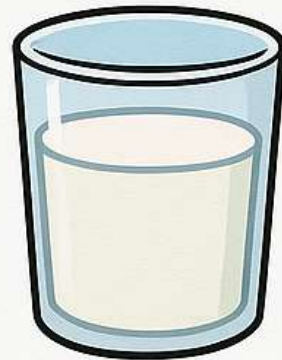
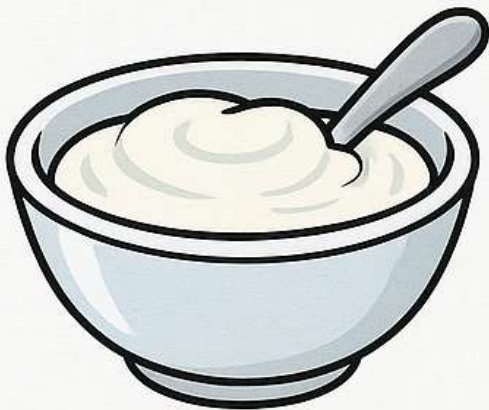
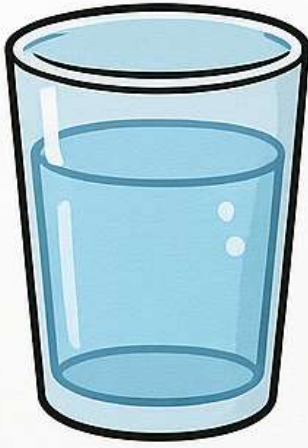
Sleeping



Walking

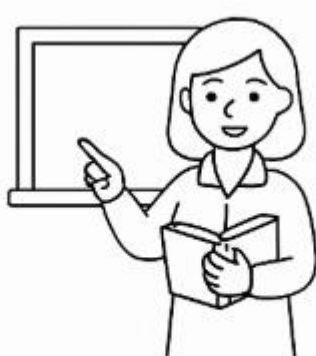


Cycling





Family



Teacher



Garda



Scouter



Doctor / Nurse



Friend



Ambulance
Crew



Fire Brigade



School