

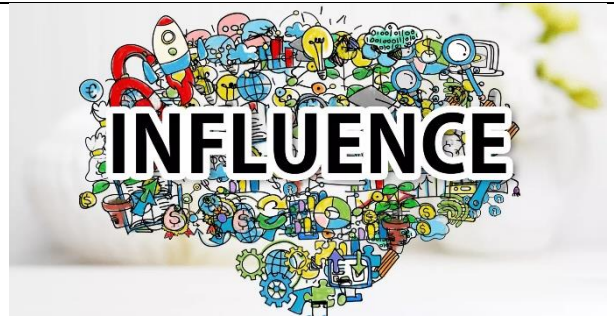
Title: Safe Scout – Influences (Consent etc)

Section: Venture and Rover Scouts

Place: Indoors

Duration: 30-60mins

Participants: Youth members with Scouters facilitating/moderating



SPICES – Learning Objectives

Physical – Protect and maintain my health through my choice of a healthy balanced lifestyle. Be responsible for my overall development

Physical – Be able to identify when my body is working well and when it isn't and have the good judgement to get help when I need it.

Physical – Before I make important lifestyle choices, I will inform myself of all the risks/benefits involved. Recognise and understand the impact of my choices on myself and others

Physical – Recognise and understand the impact of abuse on myself and others

Overview

- This activity involves the use of Scenarios to promote discussion between youth members about the influences in their life, with focus on Sexual Relationship (Consent), Diet, Drugs and Alcohol.
- It is important to lay some ground rules before the discussion starts, this could include having respect for other's opinions, listening to one another and no jeering or slagging.
- Inform the group that if anyone feels they need to make a disclosure they should speak to one of the Scouters in private, who will provide them with information on next steps.
- In the case of under 18's, parents should be advised of the content in advance and their agreement for the child to be present needs to be sought.

Activity Objectives

- Explore uncomfortable and difficult situations
- Discuss how you might deal with them and get support. If necessary
- Discuss the concept of CONSENT and personal boundaries

Materials

Prewritten scenarios.

Description

- Split the youth members into even groups.
- Give each Group a scenario and ask them to discuss how they feel it should be dealt with or could be avoided.
- Allow time for them to record their thoughts, feelings and possible solutions to the scenario.
- Bring the groups together and allow them to debate their findings to give their feedback, while considering the other different opinions and thoughts
- Finally, give time for groups to respectfully debate their findings and to consider different opinions and thoughts of others.
- Conclude the session with a list of supports for members both SI and External.

Tweaks

Have several scenarios - Drugs, alcohol, diet, sexual relations, orientation, lifestyle. One set appropriate for Rover Scouts (more in-depth) and one set appropriate for Venture Scouts. Scenarios can be adjusted if there is something very sensitive for someone within the group.

Review

- Do you find yourself more informed?
- Do you know where to get support?
- Anonymous feedback – how did this make you feel? This could be done via mentimeter or on paper that is burnt afterwards
- Does anyone need support or advice as a result of the discussions.

Notes

- Agree a mutual code of conduct before the activity begins to ensure that there will be confidentiality and respect during and after the activity.
- People may be overwhelmed and need to leave, let them know that is ok.
- Once the conversation is done it is done.
- If there is no one in the group happy to facilitate the session, ask an external agency to come in and deliver it. (outline options)

Possible Scenarios

Rover Scouts - While on a night out a member Group has had a few too much alcoholic drinks and is making in appropriate advances towards another member of the Group.

What should you do?

Discussion points:

Explore issues around the use of alcohol, drugs and other substances and the possible impact on behaviours.

Promote discussion around consent.

Ensure that everyone is aware of the code of behaviour.

Scouts and Venture Scouts Following a successful and enjoyable activity, a Scout goes up to another Scout and asks for a hug. The other Scout looks uncomfortable and hesitates. The first Scout insists that it's just a friendly hug, but the other Scout says, "I don't want to hug right now."

Discussion Points:

Why is it important to respect personal boundaries?

Do you think the first scout has responded appropriately by saying they "don't want a hug right now"

What are some ways to ensure mutual consent for physical touch – code of behaviour?

Add any other questions or discussions points which may have arisen during the exercise.